

Thank you all for participating in our recent Business and Self Evaluations. Your feedback is valuable in helping us to continue to improve our business. We value your opinions! As a result of this recent evaluation, we have areas that can be improved, our goal is to grow together. One area that jumped out at us as a business is communication. Thus, we are implementing Bi-WEEKLY CONNECT LIKE THIS! The purpose is to provide information about the happenings within the business each week that will help us all improve our job performance. This first tickler is aimed at educating our staff on our programs and what we market to our clients. Our current marketing is the WOW FACTOR in all we do here at GLT, including customer service, cleanliness, instruction, and making our clients feel valued. Do you emulate what we market?

Why is GLT Different?

We teach your child to break down their goals into manageable steps rather than focusing on huge overwhelming goals that can bring failure and frustration. We help build character for the future. Students learn that learning can bring joy, not just in the gym, but at home, at school, whether they are on the playground or doing math homework.

Important Dates:

- *Sept 2nd GLT!
Closed (Labor Day)
- *Sept 9th GLT! T-shirts distributed
- *Sept 14th –
National
Gymnastics Day
- *Sept 30th -
No School Camp
- *Nov 2nd & 3rd -
Think Pink

OUR MOTTO:

Gym Like This!
Where kids
LOVE to train

OUR PHILOSOPHY Our focus is on the emotional, physical and mental wellbeing of your child.

Learning is life's highest adventure. Our emphasis is to inspire our students to enjoy learning.

Play Like This!: Teacher and parents working together to introduce key concepts such as taking turns, sharing, listening & following directions. Play Like This! activities will capture your child's imagination while developing gross motor skills and early gymnastics activities.

Preschool: No parents here... 3 and 4 year olds are on their own! Learning how to stay with a group, beginning to understand & follow directions and developing independence for their parent. Our lesson plans engage their imagination while developing gross motor strength, coordination & early gymnastics fundamentals.

School Age Gymnastics (Recreational gymnastics): At GLT! We teach your child to break down their goals into manageable steps. You'll see children performing at accomplished and fundamental levels of gymnastics. Our emphasis is on the adventure of growth and learning.

Boys Trick & Fitness: This class is perfect for active boys. Class is designed to build coordination, agility, strength, and speed and is just for boys. Want to give your son a head start on sport? Gym Like This! is the place to start.

Open Gym: Imagine an hour and a half of fully supervised but non-instructional gym time. Improve your rolls, cartwheels, tumbling, and jumps, using mats and tumble trak. This is not a time to learn new skills, but advance the ones you already have. Open gym can be used as a Make Up (must be arranged at the Hospitality Desk at least 24 hours in advance).

Ninja: Ninja classes have similar benefits as gymnastics. Kids aren't just born with a ton of hand-eye and foot-eye coordination. By swinging from bars, climbing ropes, learning to roll and tumble kids learn how to make their body do what their brain is telling them to do. Body Control, Agility, Strength, Coordination, Balance, Flexibility are all GREAT reasons to sign your child up for Ninja Classes!

Gymnastics Team: Our staff is selected for their genuine love of children as well as their technical expertise. Our coaches build relationships first and gymnasts second, taking the time to help the athletes set realistic goals for themselves and teaching them that hard work can lead to success. Our parent boosters plan team activities to form bonds and lifelong friendships. Your child is not just another number at Gym Like This!, they are FAMIYY!

Camps: Ask any camper! **Gym Like This! counselors are special people chosen for their compassion and love of children and their ability to have FUN!** All of our counselors are CPR & Standard First Aid certified. Our "on the move" camp days are filled with tumbling, gymnastics, rope swinging, jumping, games, crafts, and healthy snacks! Sibling discounts / Flexible days and times available. Sign up using your parent portal or visit our website at gymlikethis.com.

Rec Team: Great way to get the competitive experience of gymnastics! One day a week training, 2-In House required competition.